

SULTAN SALAH

AYURVEDIC PRACTITIONER | EDUCATOR | CURRICULUM DEVELOPER

Experienced practitioner and teacher of Ayurveda, with training in other systems of integrative and holistic healthcare. Over a decade of practice in the science of Ayurveda, with almost 15 years of study in Ayurveda and integrative medicine. Extensive training in the subtle arts, techniques and meditations of Ayurveda and other areas of spiritual medicine. Proficient in the Ayurvedic pulse reading technique as well as consciousness-based tools for precise assessment of health and energetic well-being. Developed and taught 2 of the only accredited university degree programs in Ayurveda in the US. A passionate speaker, teacher, and student of Ayurveda and the natural health sciences blending practical experience with diverse study and experience in academic curriculum development. Completed clinical training in India, earning graduate and undergraduate degrees in Ayurveda and integrative healthcare.

EXPERIENCE

INDEPENDENT AYURVEDA PRACTICE

Ayurvedic Practitioner / Vedic Counselor

2012 – Present

Consults with clients both online and in-person to address a range of physical, mental, emotional, spiritual, and lifestyle health concerns using an integrative approach to Ayurveda. Utilizes a multi-disciplinary approach integrating Ayurveda with modern nutrition, lifestyle medicine, life-path coaching, spiritual medicine & Vedic counseling. Extensive experience with both acute and chronic illnesses.

ONLINE & LIVE LECTUERER AND EDUCATOR

Ayurvedic Teacher, Trainer and Educator

2013 – Present

Hosts and conducts online & live learning modules, workshops and webinars in the science of Ayurveda. Topics range from introductions to Ayurveda to in-depth coverage of the principles of Ayurveda and integrative health. Currently developing a range of online video courses in Ayurveda. Capable of training others in the science and practice of Ayurveda.

MAHARISHI INTERNATIONAL UNIVERSITY

Director & Faculty, Ayurveda Bachelor Program (Accredited)

2018 – 2021

Director and full-time faculty member for the university's online accredited undergraduate degree program in Ayurveda. Developed the course structure, curriculum, and content from scratch, leveraging years of hands-on training and practice in Ayurveda & Integrative health. Developed hundreds of video-based, online learning modules and reading resources providing comprehensive education & training in the science of Ayurveda.

Instructor & Administrator, Ayurveda Master's Program (Accredited)

2015 – Present

Curriculum development & design for the university's online accredited Master's program in Ayurveda. Developed the course structure, curriculum and content while serving as faculty and instructor for hundreds of students. Catered to a global student base through online and clinical-based learning, touching upon multiple facets of Ayurvedic and modern medicine (herbology, nutrition, pharmacology, anatomy, physiology).

EDUCATION

MAHARISHI INTERNATIONAL UNIVERSITY

MS, Ayurveda & Integrative Medicine (2017) | BA, Physiology & Health; Ayurveda Focus (2013)

Certificate in Ayurvedic Consulting (2012)